

**2025-26 Season: Monday, September 15, 2025 to Sunday, May 31, 2026**

ALL programmes of The School of Dance are designed for a full year of learning with the four terms established for ease of payment.

**REGISTRATION IS LIMITED AND ON A FIRST COME FIRST SERVED BASIS.**

Students are welcome to “make up” a missed class in a class either at or below their registered level within a given term.

Make-up classes cannot be carried forward into a new term and must be verified by a call to the office, BEFORE attendance, to confirm space.

**TERM 3 of 4 Terms: Monday, February 2, 2026 to Sunday, April 5, 2026**

No Classes: February 16 (Family Day), March 16, 2026 – March 22, 2026 (March Break)

The attached must be signed and returned to The School before the first class. Scans/faxes/photographed signatures will be accepted.

The School will contact you to confirm class choice(s) and to confirm registration.

Classes at HOME ON-LINE		Day	Start Time	End Time	Teacher	Term 3 Fee
<input type="checkbox"/>	Pilates Plus OL	Monday	11:00am	12:00pm	Kyle	\$150.00
<input type="checkbox"/>	Pilates Plus OL	Wednesday	12:00pm	1:00pm	Kyle	\$170.00
<input type="checkbox"/>	Seniors Fall Proof HEROES OL	Tuesday	9:00am	10:00am	Kyle	Be our Guest
<input type="checkbox"/>	Connecting with Dance for Seniors and people with Parkinson's (care partners welcome) OL	Friday	11:00am	12:00pm	Shepertycki	Be our Guest
Classes at The School of Dance		Day	Start Time	End Time	Teacher	Term 3 Fee
<input type="checkbox"/>	Adult Introduction to Ballet - for NEW students (Jan 15-Mar 12, 2026)	Thursday	8:15pm	9:15pm	Makimura	\$250.00
<input type="checkbox"/>	Adult Beginner Ballet (continued)	Monday	5:45pm	7:00pm	Makimura	\$265.00
<input type="checkbox"/>	Adult Beginner 2 Ballet	Monday	7:00pm	8:30pm	Makimura	\$275.00
<input type="checkbox"/>	Adult Beginner 2/Elementary 1 Ballet	Saturday	9:00am	10:30am	Makimura	\$285.00
<input type="checkbox"/>	Adult Beginner Ballet	Tuesday	12:45pm	2:00pm	Brooks	\$275.00
<input type="checkbox"/>	Adult Elementary 1 Ballet (15min conditioning)	Friday	2:00pm	3:45pm	Brooks	\$305.00
<input type="checkbox"/>	Adult Elementary 1/2 Ballet (15min conditioning)	Thursday	2:00pm	3:45pm	Brooks	\$295.00
<input type="checkbox"/>	Adult Elementary 2 Ballet	Tuesday	2:00pm	3:45pm	Brooks	\$295.00
<input type="checkbox"/>	Adult Elementary 2/Intermediate 1 Ballet	Friday	5:30pm	7:00pm	Makimura	\$290.00
<input type="checkbox"/>	Adult Elementary 2/Intermediate 1 Ballet	Saturday	9:00am	10:30am	Caron	\$285.00
<input type="checkbox"/>	Adult Intermediate Brown Bag Ballet	Friday	12:00pm	1:15pm	Caron	\$280.00
<input type="checkbox"/>	Adult Intermediate Ballet	Wednesday	6:45pm	8:15pm	Makimura	\$310.00
<input type="checkbox"/>	Adult Intermediate 2/Advanced Ballet	Saturday	10:30am	12:00pm	Caron	\$285.00
<input type="checkbox"/>	Adult Advanced Ballet	Tuesday	6:30pm	8:00pm	Horikawa	\$310.00
<input type="checkbox"/>	Adult Advanced Pointe (Third class; follow-on class to Adult Advanced Ballet)	Tuesday	8:00pm	8:45pm	Horikawa	\$170.00
<input type="checkbox"/>	Adult Advanced Ballet	Thursday	5:00pm	6:30pm	Amyot	\$310.00
<input type="checkbox"/>	Adult Beginner 2 Jazz	Thursday	1:00pm	2:00pm	Brooks	\$250.00
<input type="checkbox"/>	Adult Intermediate/Advanced Lyrical	Thursday	7:00pm	8:30pm	Fridgen	\$310.00
<input type="checkbox"/>	Adult Elementary Contemporary	Monday	7:00pm	8:15pm	Hopkin	\$265.00
<input type="checkbox"/>	Adult Intermediate Contemporary	Monday	5:30pm	7:00pm	Hopkin	\$275.00
Classes for Seniors		Day	Time	End Time	Teacher	Term 3 Fee
<input type="checkbox"/>	Dance is BEST Ballet for Seniors	Wednesday	12:00pm	1:00pm	Brooks	\$100.00
<input type="checkbox"/>	Dance is BEST Ballet for Seniors	Friday	1:00pm	2:00pm	Brooks	\$90.00
<input type="checkbox"/>	Dance is BEST Contemporary Dance HEROES (Jan 8-Feb 26, 2026)	Thursday	12:30pm	1:45pm	Kyle	Be Our Guest
<input type="checkbox"/>	Dance is BEST Seniors Parkinson's Coaching	Monday	11:00am	12:00pm	Shepertycki	Be Our Guest
<input type="checkbox"/>	Dance is BEST Connecting with Dance for Seniors and people with Parkinson's (care partners welcome) HEROES. Classes take place in Memorial Hall, MacKay United Church, 39 Dufferin St	Tuesday	1:00pm	2:00pm	Shepertycki	Be Our Guest
<input type="checkbox"/>	Dance is BEST Trellis UP! for Seniors and people with Parkinson's (care partners welcome) HEROES. Classes take place at The School of Dance	Thursday	1:00pm	2:00pm	Shepertycki	Be Our Guest

Please read, complete form, sign waiver/conditions and submit to [registrar@theschoolofdance.ca](mailto:registrar@theschoolofdance.ca).

STUDENT LAST NAME: \_\_\_\_\_ STUDENT FIRST NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ PC: \_\_\_\_\_  
DATE OF BIRTH (MM/DD/YYYY): \_\_\_\_\_ TEL: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
EMERGENCY CONTACT: \_\_\_\_\_ TEL: \_\_\_\_\_  
MEDICAL INFORMATION TO BE KEPT ON FILE: \_\_\_\_\_  
\_\_\_\_\_

**Signature Required Below for Entry to In-Person Classes**  
**Registration and Release of Liability and Assumption of Risk Waiver**  
**\*\*Please review before signing\*\***

I hereby acknowledge that I or my student wishes to attend classes at The School of Dance, 200 Crichton Street, Ottawa, ON, K1M 1W2 (The School).

In consideration of The School agreeing to accept me in classes, I agree to release The School, their officers, directors, employees, agents and volunteers (the "Releasees") from any and all causes of action, claims, demands, requests, damages or any recourse whatsoever in respect of any personal injuries or other damages which may occur or arise during a visit to The School.

I do hereby acknowledge and agree that notwithstanding the generality of the foregoing, I declare that I will not commence litigation or otherwise seek to recover damages or other compensation against the Releasees based on any action, claim, demand, request, loss or any recourse whatsoever arising from any personal injuries or other damages which may arise while attending The School and further acknowledge that the Releasees can rely on this Release of Liability and Assumption of Risk Waiver as a complete defence to any and all claims, damages, causes of action, or recourse or liability that may arise at any time.

PRINT Student Name: \_\_\_\_\_ Email: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(or parent/guardian if under age of 18)

**Signature Required Below Accepting Conditions of Enrolment**

**Conditions of Enrolment**

- Release of Liability and Assumption of Risk Waiver must be signed and dated in order to be eligible to take part in in-person classes.
- Teachers and schedules are subject to change due to unforeseen circumstances.
- **There are no refunds except in the case of cancellation due to insufficient registration.**
- **REGISTRATION IS LIMITED AND ON A FIRST COME FIRST SERVED BASIS.**
- There is a \$20 registration fee payable on the initial registration in each school year.
- The School of Dance will contact the registrant to confirm registration, residence and communication details.
- Fees for the course selected are due in full at the time of registration.
- The School accepts payments by VISA, Mastercard, AMEX, E-transfer, cheques, money-orders and Debit is available through office.
- Monies returned from the bank for any reason are subject to a \$50 administration charge.
- Registration is not transferable.
- Registration is by the term(s) or project and registration ends August 31 each TSOD season.
- The use of digital recording devices inside of The School, including cell phones with cameras and video capability, is strictly prohibited at all times.
- The School reserves the right to ask disruptive individuals to leave the premises and/or not to serve a customer.
- The School of Dance is not responsible for students before and after class nor responsible for lost items.
- I consent to the use of archival photographs and/or video footage of me/my student as part of the image bank and marketing of The School of Dance.

PRINT Student Name: \_\_\_\_\_ Email: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(or parent/guardian if under age of 18)

The School of Dance is committed to protecting personal information by following responsible information handling practices, in keeping with privacy laws. We collect and use personal data in order to better meet your service needs, to ensure the safety of our participants, for statistical purposes, to inform you about The School of Dance programme or service in which you are registered, to complete payment transactions and to satisfy government and regulatory obligations. You may also hear from us periodically about other The School of Dance programmes, services and opportunities that may interest and benefit you. We do not rent, sell or trade our mailing lists. If you wish to be removed from our email or mailing list, please contact The School's Administration at any time.

## **The School of Dance General Information**

**2025-26 Season: Monday, September 15, 2025 to Sunday, May 31, 2026**

**ALL programmes of The School of Dance are designed for a full year of learning (34 weeks)  
with the four terms established for ease of payment.**

**REGISTRATION IS LIMITED AND ON A FIRST COME FIRST SERVED BASIS.**

**Students are welcome to “make up” a class either at or below their registered level within a given term.  
Make-up classes cannot be carried forward into a new term.**

**Term 2:** Monday, November 17, 2025 to Sunday, December 21, 2025 **resumes** Monday, January 5, 2026 to Sunday, February 1, 2026

**Term 3:** Monday, February 2, 2026 to Sunday, March 15, 2026 **resumes** Monday, March 23 to Sunday, April 5, 2026

**Term 4:** Monday, April 6, 2026 to Sunday, May 31, 2026

**No Classes:** October 11-13 (Thanksgiving Weekend), December 22-January 4 (Holiday Break), February 16 (Family Day),  
March 16-20 (March Break), April 3-6 (Easter), May 16-18 (Victoria Day Weekend)

### **What to Wear for Class**

We ask that students arrive in their dance attire, when possible, and shoes in hand; minimal extra items please. Hair should be neatly secured off the face and neck. No dangling jewellery in classes.

**Pilates Plus/Fall Proof** - Close fitting comfortable clothing. Be sure to create a clear working space and a non-slippery floor.

**Ballet** - Option A: Students may choose to wear a black leotard and pink or black tights. Other plain coloured leotards are acceptable. Students may choose to wear a short wrap chiffon skirt. Pink ballet slippers.

Option B: Students may choose to wear a white or black t-shirt or tank top, black tights or shorts and black ballet slippers.

A dance belt is required for male students.

**Jazz/Lyrical** - Most students choose to wear a close-fitting top with stretch pants, leggings or shorts, or a leotard and footless tights. Footwear: Jazz shoes, ballet slippers, cotton socks or bare feet. Hair neatly secured off the face and neck.

**Contemporary** - Most students wear close-fitting stretch pants or shorts and a close-fitting top, with socks or bare feet.

**Connecting with Dance and Trellis UP!** - Close fitting comfortable clothing with indoor shoes.

### **The School of Dance Attendance Procedures and Protocols**

All registration and general communications with The School will be done by email or phone.

Every in-person student must submit a signed waiver provided by The School of Dance prior to entering The School for their first class.

Students who are unwell should stay home.

Prior to arriving at The School of Dance, we ask that all students fully prepare to dance. This entails having hair done, dance attire on underneath their street clothes, feet prepared for pointe work (if applicable), and dance shoes easily accessible in one bag to limit extra clothing items being brought into the dance space. This will make for an efficient transition of people entering and exiting the space.

The wearing of masks to enter the building and during classes is optional.

Outside footwear is removed upon arrival.

Class start and end times are staggered whenever possible to limit the number of students in a common space at the same time.

Students are asked to enter the building just prior to their class times and will be asked to leave quickly after their class is over.

Dancers must have their own equipment. Sharing of personal items including food and water bottles is strictly prohibited. A water bottle filling station is located on the first floor. **Please do not wear scented products as they can aggravate health problems for some people with medical conditions. In addition, due to allergies The School of Dance is a nut and peanut free building. Your cooperation is appreciated.**

**Additional protocols may be put in place as appropriate in accordance with public health recommendations.**

Have a question? Contact [registrar@theschoolofdance.ca](mailto:registrar@theschoolofdance.ca) or call the office at 613-238-7838 and we'll be happy to help you

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